

## Create the Good

Create the Good connects you with volunteer opportunities and project ideas to share your life experiences, skills and passions in your community.

[createthegood.aarp.org](http://createthegood.aarp.org)

## AARP RESOURCES FOR FAMILY CAREGIVERS

### AARP Family Caregiving Website

AARP's Family Caregiving website is your one-stop shop for tips and tools to help you care for a loved one. It has valuable information about handling medical issues, health records and advance directives, home safety, financial and legal issues, caregiver life balance and much more. [aarp.org/caregiving](http://aarp.org/caregiving) (en Espanol: [aarp.org/cuidar](http://aarp.org/cuidar)).

### AARP Family Caregiving Resource Line

Connect with a real person and learn how to access local resources via our toll-free family caregiving hotline. 1-877-333-5885 (en Espanol: 1-888-971-2013)

### AARP Family Caregivers Facebook Group

Join the AARP Family Caregivers Discussion Group on Facebook to connect, ask questions and share ideas with other family caregivers. Join here: [facebook.com/groups/aarpfamilycaregivers/](https://facebook.com/groups/aarpfamilycaregivers/)

### Community Resource Finder

Community Resource Finder, a joint resource from Alzheimer's Association and AARP, is a database of dementia and aging-related resources powered by Carelike®. The online tool makes it easy to find local programs and services. [communityresourcefinder.org](http://communityresourcefinder.org)

### AARP Online Caregiving Community

Join our community and connect with other caregivers like you. [aarp.org/caregivingcommunity](http://aarp.org/caregivingcommunity)

### I Heart Caregivers

Join the thousands of family caregivers who have shared their experiences through AARP's storytelling initiative, I Heart Caregivers. Your story will help AARP continue to fight for more support for family caregivers.

[aarp.org/iheartcaregivers](http://aarp.org/iheartcaregivers)

### AARP HomeFit Guide

The AARP HomeFit Guide can help individuals and families make their current or future residence age-friendly. In addition, elected officials, policymakers and local leaders can learn about and advocate for the types of housing features and designs that communities need so their residents can live safely and comfortably and thrive.

[www.aarp.org/homefit](http://www.aarp.org/homefit)

### National Resources for Family Caregivers

A listing of national agencies, groups and organizations that connect family caregivers with direct services and supports.

[aarp.org/resourcesforcaregivers](http://aarp.org/resourcesforcaregivers)